



AMBIENCE
BEAUTY SPA



Body Therapies

Our range of massages will relax, rebalance your energy flow and relieve tension. Our years' of massage experience plus the warm oils we apply will truly relax your muscles and you'll leave with a balanced mind and recharged body.

- BACK MASSAGE – 30MINS | \$65
- BACK MASSAGE – 45MINS | \$80
- DIVINE BODY ESCAPE – 75MINS | \$135
Full body & face massage
- SWEDISH MASSAGE – 60MINS | \$125
Focusing on muscle tension, your skin is soothed and nourished while helping relieve tension to relax and calm the body.
- AROMATHERAPY FACE & BODY MASSAGE – 90MINS | \$170
A relaxation massage with a personalised blend of essential oils to relieve stress and anxiety. You will benefit from the healing properties of these oils which are calming and help restore energy.
- BODY EXFOLIATION & MOISTURISE – 75 MINS | \$135
Relax and enjoy the benefits of this skin renewal therapy. Firstly, purifying the skin with a face and body scrub to exfoliate dead skin cells. Followed by a shower and finishing with a full body and face intense moisture application, allowing your skin to feel smooth, supple and hydrated.
- PEACEFUL PREGNANCY MASSAGE – 60 MINS | \$125
A deeply nourishing body massage designed to target areas prone to stress and tension during pregnancy. A soothing treatment specifically designed to suit your individual concerns, leaving you relaxed, restored, and revitalized.

RELAX & UNWIND



ambiencebeautyspa.co.nz



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Epsom, Auckland

Facials

No two faces are the same and that's why each treatment will be adapted to your individual skin needs. Whether you want general skin health or help with specific skin conditions our team will remove the guess work when they conduct a bespoke skin treatment. They will help advise and suggest the best facial treatment options just for you. And the care continues after your treatment – we offer advice, and stock the best products, so you can continue your skin care regime at home and we always welcome follow up feedback.

DELUXE MINI FACIAL - 45MINS | \$89

A LITTLE LUXURY REFRESH - If you enjoy massage therapy, you can experience our gorgeous deluxe mini facial which includes a cleanse, exfoliation, mask, tone and moisturise along with a mini massage.

AMPOULE THERAPY FACIAL - 60MINS | \$155

CUSTOMISED FOR YOU - The Sothys Ampoule facial is the quintessential effective facial treatment. A deep cleansing and relaxing facial massage nourishes and rebalances your skin. This is followed by a potent dose of the Sothys Ampoule, selected for your skin's unique needs. A mask application and nutrients-packed moisturiser will seal the treatment, locking all nourishments in.

SEASONAL OXYGENATION - 60MINS | \$155

SEASONAL SKIN DEFENCE BOOST - A dose of oxygen combined with a cocktail of powerful minerals will boost your skin's defense system against the harshness of New Zealand's Autumn/Winter weather. And with an infusion of dynamic vitamins into the skin to prepare it for Spring/Summer. We adapt each facial with the season with limited edition ingredients which are new and exciting for a unique experience every time.

HYDRA 4HA FACIAL - 75MINS | \$190

INTENSIVELY HYDRATING FOR GLOWING SKIN - Our specialised facial techniques combined with Sothys advanced, multi-layered Hyaluronic Acid specific products will saturate your skin to provide immediate quenching hydration. Our special digi-esthetique massage of the face and decolletage brings together three different massage techniques that will leave your mind and body relaxed with enhanced circulation.

YOUTH INTENSIVE TREATMENT - 75MINS | \$190

COMBAT AGEING - This preeminent Sothys intensive treatment is targeted to combat the signs of ageing including wrinkles and slackened skin. This divinely indulgent facial packs a powerful punch and involves five separate treatment steps and eight specific formulas, including the hero BP3 TRI complex of sophora and saffron. In addition peptides originating from the Sothys 'Green Science' research project provide sustainable ingredient withdrawal practices. Youth IT is of unparalleled effectiveness and enjoyment.

SOOTHING FACIAL - 60MINS | \$155

Ultra calming, desensitising and soothing treatment for sensitive and reactive skins. Incorporating healing Spa™ Thermal water and specially selected botanicals to provide immediate and lasting relief and ultimately strengthening the skin. A double layer cocooning mask in combination with our unique decongesting facial massage with chilled porcelain spoons immediately calms and soothes your skin.



SKIN
DEEP

ALUMIER RADIANCE 30 PEEL - 60MINS | \$180

This resurfacing chemical peel (AHA 30% lactic acid) is the ultimate all-rounder – it's brilliant for targeting pigmentation, fine lines, ageing, skin damage and otherwise 'bleh' feeling skin. Active ingredients gently exfoliate dead skin cells. Increased cell turnover offers a visible improvement to tone and texture. A burst of hydration means your skin is left looking bright & supple with a gorgeous, ethereal glow. Perfect for dullness, fine lines & wrinkles, large pores & sun damage. A beautiful ideal glow-up for brides-to-be or for special occasions.

ADVANCED SKIN TREATMENTS

Our advanced professional treatments will target your underlying skin conditions and take your skin to the next level.

We offer targeted treatments for the following conditions:

- ✓ Ageing
- ✓ Acne and Oily skin
- ✓ Dehydrated skin
- ✓ Dry skin
- ✓ Rosacea, reactive or red skin
- ✓ Hormonal changes
- ✓ Oily skin
- ✓ Pigmented skin
- ✓ Sensitive skin
- ✓ Sun damaged
- ✓ Uneven skin texture

SKIN MICRO DERMOBOOSTER INTENSIVE - 75mins | \$295

The ultimate anti-ageing treatment facial will immediately repair and strengthen, as well as delay signs of ageing. Employing microdermabrasion and micro needling techniques and a gentle tonic vibration modeling massage collagen is activated and fibroblasts are regenerated. A great all-in-one treatment for a luminous glow.

GLYSALAC SPECIALISED PEEL - 30MINS | \$90

The perfect peel for refining and smoothing the skin's surface. The magic in this corrective treatment comes from the Glycolic and Salicylic acid which delivers a gentle, yet effective, dual-action exfoliation. Get ready for skin radiance and clarity.

LACTIC SPECIALISED PEEL - 30MINS | \$90

SUN DAMAGE FIXER - You'll experience a multi-action combination of lactic acid and plant extracts which help even out skin tone and combat the signs of ageing. You can expect deeper absorption with softer, brighter and more hydrated skin, helping address the effects of the sun damage.

CRYO EYE TREATMENT - 45MINS | \$100

Designed to target wrinkles, dark circles, puffiness and the effects of blue light exposure around the eye contour. This treatment is a specialised massage focused on the delicate areas around the eyes using unique products for this sensitive and delicate eye area will provide refreshing results. Using the Sothys modelling porcelain paddles, it works to further improve microcirculation and drainage, increasing radiance and effectively combating the appearance of premature or existing ageing, uneven colour and signs of fatigue. Add treatment to any full facial for \$65

EXTRACTIONS - 15MINS | \$30

EYE RESCUE Great for dark circles, fine lines and puffiness - 15MINS | \$35

LED Light Therapy add on to any facial - 15MINS | \$40



SKIN DEEP



Waxing

HOT WAX HAIR REMOVAL

We use the highest quality apricot hot wax and optimal techniques to ensure you'll receive the best waxing experience, with minimal discomfort.

- Face wax – \$55
- Upper Lip/Chin/Underarm – \$35
- Bikini Line Standard – \$45
- Brazilian Bikini – \$70
- Full Brazilian Bikini – \$80
- Forearm – \$45
- Half Leg – \$59
- Thigh & Standard Bikini – \$96
- Thigh & Brazilian – \$110
- Thigh & Full Brazilian – \$120
- Half Leg & Standard Bikini – \$96
- Half Leg & Bikini & Underarm – \$120
- Half Leg & Brazilian Bikini – \$110
- Half Leg & Full Brazilian Bikini – \$115
- Full Leg – \$100
- Full Leg & Standard Bikini – \$115
- Full Leg & Standard Bikini & Underarm – \$139
- Full Leg & Brazilian Bikini – \$145
- Full Leg & Full Brazilian Bikini – \$155
- Back & Shoulders – \$75
- Chest & Stomach – \$75
- Mens Nose, Ear & Eyebrow – \$35



Nails

We offer a gorgeous range of manicures and pedicures using premium polishes from OPI Infinite Shine, Gel Polish and Vinylux long wear polishes with CND Shellac.

- Mini manicure (includes polish) – 45mins | \$55
Includes hand soak, cuticle work and polish
- Luxury Spa Manicure – 60mins | \$70
Enjoy a hand soak, cuticle work, exfoliation of the hands and lower arms, plus your choice of either a hand massage and polish, or a massage paraffin hand dip
- Mini Pedicure – 45mins | \$65
Includes feet soak, cuticle work and polish
- Luxury Spa Pedicure – 60mins | \$90
Enjoy a feet soak, cuticle work, blading (rough skin removal) and your choice of either a foot massage and polish, or a massage paraffin feet dip
- Shellac Manicure (natural nails) – 60mins | \$70
- Shellac Manicure (includes removal of shellac*) – 75mins | \$85
- Shellac Pedicure – 60mins | \$85
- Shellac Pedicure (includes removal of shellac*) – 75mins | \$100

NOTE: * Please be aware that we only remove shellac we have applied ourselves.

Eye Zone Care

Beautiful eyelashes and eyebrows can make all the difference and frame your face. Our therapists will use the highest quality tints and custom blends to help define your eyes, even when you aren't wearing makeup!

- Eyelash, Eyebrow Tint & Shape – 45mins | \$69
- Eyelash & Eyebrow Tint – 40mins | \$55
- Eyelash Tint – 30mins | \$45
- Eyebrow Tint & Shape – 30mins | \$49
- Eyebrow Shape – 15mins | \$35
- Eyebrow Tint – 15mins | \$35

NOUVEAU LVL LASH TREATMENT

Lift, Volume & Lengthen Treatment – Looking for more fabulous lashes? Our Nouveau LVL Lashes is the revolutionary lash treatment that creates masses of length, volume and lift with your own natural lashes. No mascara. No extensions. No maintenance. It's a great alternative to lash extensions and the perfect way to enhance what you already have, whether your lashes are long, short, thick or stubborn. This treatment will create the look of longer, fuller lashes that make your eyes appear more open and youthful as well as saving time in your morning routine.

- Lift, Volume & Lengthen Treatment – 60mins | \$120
- Lift, Volume & Lengthen Treatment with 4wk top-up tint – \$150

CRYO EYE TREATMENT

Designed to target wrinkles, dark circles, puffiness and the effects of blue light exposure around the eye contour. This treatment is a specialised massage focused on the delicate areas around the eyes. Using the Sothys modelling porcelain paddles, it works to further improve microcirculation and drainage, increasing radiance and effectively combating the appearance of premature or existing ageing, uneven colour and signs of fatigue. This amazing treatment using unique products for this sensitive and delicate eye area will provide refreshing results.

- 45MINS | \$100
- Add to any full facial service – \$65

Skin Analysis

In a changing world of therapies and spa techniques you can discover what is best for your individual needs when our therapists listen to your concerns and review your skin.

A comprehensive skin examination is undertaken using analytical skin-tech equipment, Observ520X. This reveals skin conditions which arise in the deeper skin layers, not visible to the eye. This deeper level of insight will allow your therapist to recommend the right products and treatment options for your skin concerns and conditions.

- 30mins | \$60 (\$30 redeemable on products)

Spray Tanning

ORGANIC SPRAY TAN

We use the professional's favourite, Black Magic Tan Vibe range with organic ingredients, to keep up your summer glow all year round. Fast-drying, amazing colour results and no harsh ingredients. It's kind to skin and is hypoallergenic and non comedogenic (will not clog pores).

- 30 min | \$45 (Please see our website for "before & after" instructions for best tan tips).

Other Treatments

AESTHETIC / INJECTABLE TREATMENTS

Using the services of a trained and trusted professional we are pleased to be able to offer you the latest range of highest-quality Botox and Dermal Fillers, so you can gently say au revoir to any wrinkles or lines you wish to manage.

ELECTROLYSIS HAIR REMOVAL

The Thermolysis treatment uses a high frequency current which destroys the hair follicle through heat. A very fine sterile probe is inserted into each individual hair follicle sending a localised electrical current to the growth centre, destroying the stem cells and blood supply that allow the hair to grow. The effects are almost always permanent, and any areas of the body can have hair removed this way.

- 15 mins | \$49
- 30 mins | \$65

FACIAL & BODY HAIR BLEACHING

To lighten facial and body hair.

- 15 mins | \$30

SPA PACKAGES

Switch off from your busy life and the outside world and take time to focus on yourself to further your journey to health and wellbeing. Our spa packages will complete your restorative needs while you truly relax for a moment in time with no distractions. This also makes the perfect gift for someone special.

- Indulge Time Out – 3.5 hrs | \$380
1 hr customised Ampuole Facial, eyelash/eyebrow tint, 30 min back massage, luxury manicure and pedicure.
- Ultimate Indulgence – 4.5hrs | \$415
Indulge in a full body scrub (inc shower) followed by a full body moisturising treatment, custom Sothys Hydra 3HA Intensive Facial, eyelash/eyebrow tint, luxury mani/pedi so you're feeling and looking amazing from top to toe.
- Relaxation Reset – 120 mins | \$250
Unwind and refresh with treatments that pamper your body from head to toe. Begin with a relaxing Foot Soak and Scrub to exfoliate your feet, followed by a 30min Back Massage to relieve tension and promote relaxation. Your hands will then enjoy a soothing Hand Massage and Paraffin Dip, leaving them soft and nourished. Finally, indulge in a 1hr Seasonal Facial, customised to hydrate and rejuvenate your skin, leaving you with glowing complexion.

GIFT VOUCHERS

We offer tailor made gift vouchers which are beautifully presented so perfect for the special person you wish to treat.